

Crisis Pregnancy Coaching



P.O. Box 739 • Forest, VA 24551 • 1-800-526-8673 • www.AACC.net



Welcome to Light University and the “Crisis Pregnancy Coaching 101” program of study.

Our prayer is that you will be blessed by your studies and increase your effectiveness in reaching out to others. We believe you will find this program to be academically sound, clinically excellent and biblically-based.

Our faculty represents some of the best in their field – including professors, counselors and ministers who provide students with current, practical instruction relevant to the needs of today’s generations.

We have also worked hard to provide you with a program that is convenient and flexible – giving you the advantage of “classroom instruction” on DVD and allowing you to complete your training on your own time and schedule in the comfort of your home or office.

The test material can be found at the end of this work text and may be taken open book. Please complete each part of the test by filling in the “bubble” sheet using A-D to answer the multiple choice questions and A & B for true and false questions; A for true and B for false.

Please return only the “bubble” sheet in the envelope that was included with your lesson – keeping a copy of the test for your records. A grade report will be returned indicating your grade within three to four weeks. Once you have successfully completed the test, which covers the units within this course, we will send your certificate of completion signifying you have completed this program of study.

Thank you for “Daring to Care” by enrolling in the “Crisis Pregnancy Coaching” program. Our prayer is that you will grow in knowledge, discernment, and people-skills throughout this course of study.

Sincerely,

A handwritten signature in black ink that reads "Ron Hawkins". The signature is written in a cursive style with a large, prominent "R" and "H".

Ron Hawkins
Dean, Light University



The American Association of Christian Counselors

- Represents the largest organized membership (over 50,000) of Christian counselors and caregivers in the world, having just celebrated its 25th anniversary in 2011.
- Known for its top-tier publications (*Christian Counseling Today*, the *Christian Counseling Connection* and *Christian Coaching Today*), professional credentialing opportunities offered through the International Board of Christian Care (IBCC), excellence in Christian counseling education, an array of broad-based conferences and live training events, radio programs, regulatory and advocacy efforts on behalf of Christian professionals, a peer-reviewed Ethics Code, and collaborative partnerships such as Compassion International, the National Hispanic Christian Leadership Conference and Care Net (to name a few), the AACC has become the face of Christian counseling today.
- With the needed vision and practical support necessary, the AACC helped launch the International Christian Coaching Association (ICCA) in 2011, which now represents the largest Christian life coaching organization in the world with over 5,000 members and growing.

Our Mission

The AACC is committed to assisting Christian counselors, encompassing the entire “community of care,” licensed professionals, pastors, and lay church members with little or no formal training—to equip clinical, pastoral, and lay caregivers with biblical truth and psychosocial insights that minister to hurting persons and helps them move to personal wholeness, interpersonal competence, mental stability, and spiritual maturity.

Our Vision

The AACC's vision has two critical dimensions: First, to serve the worldwide Christian Church by helping foster maturity in Christ and secondly, to serve, educate, and equip 1,000,000 professional clinicians, pastoral counselors, and lay helpers throughout the next decade.

The AACC is committed to helping the Church equip God's people to love and care for one another. Christian counseling is understood as a unique form of Christian discipleship, assisting the church in its call to bring believers to maturity in the lifelong process of sanctification—of growing to maturity in Christ and experiencing abundant life.

The AACC recognizes that some are gifted to do so in the context of a clinical, professional and/or pastoral manner. Selected lay people are gifted to care for others and also need appropriate training and mentoring to do so. The role of the helping ministry in the Church must be supported by three strong cords: the pastor, the lay helper, and the clinical professional. It is to these three roles that the AACC is dedicated to serve (Ephesians 4: 11-13).

Our Core Values

In the name of Christ, the American Association of Christian Counselors abides by the following values:

VALUE 1: OUR SOURCE

We are committed to honor Jesus Christ and glorify God, remaining flexible and responsive to the Holy Spirit in all that He has called us to be and do.

VALUE 2: OUR STRENGTH

We are committed to biblical truths, and to clinical excellence and unity in the delivery of all our resources, services, training and benefits.

VALUE 3: OUR SERVICE

We are committed to effectively and competently serve the community of care worldwide—both our membership and the church at large—with excellence and timeliness, and by over-delivery on our promises.

VALUE 4: OUR STAFF

We are committed to value and invest in our people as partners in our mission to help others effectively provide Christ-centered counseling and soul-care for hurting people.

VALUE 5: OUR STEWARDSHIP

We are committed to humble stewardship of the resources God gives us in order to continue serving the needs of hurting people.



Dear Friends,

It is a great honor to welcome you to Crisis Pregnancy Coaching 101. This training series is designed specifically to equip you in your work and ministry with women who are considering abortion. As you move through each session, it is my prayer that God will teach you—and empower you—to bring a message of life and hope to those you serve.

Yours in Christ,

Melinda Delahoyde
Care Net, President

Our Mission

Care Net is a Christ-centered ministry whose mission is to promote a culture of life within our society in order to serve people facing unplanned pregnancies and related sexual issues.

Our Vision

Our vision is a culture where lives are transformed by the Gospel of Jesus Christ and every woman chooses life for herself and her unborn child.

Organizational Description

Care Net pregnancy centers provide compassionate, life-affirming services and support to women and men facing unplanned pregnancies. Local centers offer a safe, friendly, and non-judgmental environment where clients can discuss fears and concerns and receive vital information regarding their health, pregnancy, and options. Each center is committed to sharing God’s love with every person who walks through its doors. They offer practical ways to remove barriers that cause women to choose abortion and provide every woman the opportunity to make a positive choice for herself and her unborn child. Biblically-based peer counseling, free pregnancy tests, ultrasounds, abortion information, and material assistance are just some of the many free services offered that empower women to choose life. Care Net also envisions a future where all those who have suffered the anguish of abortion will encounter the compassion, forgiveness and healing offered through a relationship with Jesus Christ.

Our Core Values

In the name of Christ, Care Net abides by the following values:

VALUE 1: UNITY IN CHRIST

We value our foundational belief in Christ as our Savior & Salvation.

VALUE 2: EVANGELISM

We are committed to demonstrating the transforming grace & redemptive power of Jesus Christ & sharing His Gospel through word & deed.

VALUE 3: SANCTITY OF LIFE

We believe that God values all life & has a plan & purpose for every person's life, including unborn life.

VALUE 4: CULTURE OF LIFE

As believers, we value life & are dedicated to promoting a culture of life to people facing unplanned pregnancies & other related sexual issues.

VALUE 5: SERVANT LEADERSHIP

We value leading others through authentic relationships, integrity, & giving oneself to meet the needs of others & equipping them to succeed.

VALUE 6: MINISTRY THROUGH SERVICE

We value ministry expressed tangibly through our service to others.

VALUE 7: PARTNERSHIPS

We value our partnerships in mission with other believers & organizations that support a culture of life.

VALUE 8: INTEGRITY & STEWARDSHIP

We are committed to conducting ourselves with transparency as faithful, responsible stewards of God's provisions.

VALUE 9: CHRIST CENTERED STAFF

We value maintaining an environment in which staff freely expresses their love of & devotion to Christ & strive for excellence in all that they do.

VALUE 10: INTEGRITY IN FUNDRAISING

We value honesty, integrity & accountability to our donors to ensure prudent, effective, & efficient use of the funds they have generously provided.



Light University

- Established in 1999 under the leadership of Dr. Tim Clinton—has now seen nearly 160,000 students from around the world (including lay caregivers, pastors and chaplains, crisis responders, life coaches, and licensed mental health practitioners) enroll in courses that are delivered via multiple formats (live conference and webinar presentations, video-based certification training, and a state-of-the art online distance teaching platform).
- These presentations, courses, and certificate and diploma programs, offer one of the most comprehensive orientations to Christian counseling anywhere. The strength of Light University is partially determined by its world class faculty—over 150 of the leading Christian educators, authors, mental health clinicians and life coaching experts in the United States. This core group of faculty members represents a literal “Who’s Who” in Christian counseling. No other university in the world has pulled together such a diverse and comprehensive group of professionals.
- Educational and training materials cover over 40 relevant core areas in Christian—counseling, life coaching, mediation, and crisis response—equipping competent caregivers and ministry leaders who are making a difference in their churches, communities, and organizations.

Our Mission Statement

To train one million Biblical Counselors, Christian Life Coaches, and Christian Crisis Responders by educating, equipping, and serving today’s Christian leaders.

Academically Sound. Clinically Excellent. Distinctively Christian.

Video-Based Curriculum

- Utilizes DVD presentations that incorporate **over 150 of the leading Christian educators, authors, mental health clinicians, and life coaching experts** in the United States.
- Each presentation is approximately **50-60 minutes in length** and most are accompanied by a corresponding text (in outline format) and a 10-question examination to measure learning outcomes. There are **over 650 unique presentations** that are available and organized in various course offerings.
- Learning is **self-directed** and pacing is determined according to the individual time parameters/schedule of each participant.
- With the successful completion of each program course, participants receive an official **Certificate of Completion**. In addition to the normal Certificate of Completion that each participant receives, **Regular and Advanced Diplomas** in Biblical Counseling are also available.
 - The **Regular Diploma** is awarded by taking *Caring For People God's Way, Breaking Free* and one additional Elective among the available Core Courses.
 - The **Advanced Diploma** is awarded by taking *Caring For People God's Way, Breaking Free*, and any three Electives among the available Core Courses.

Credentialing

- Light University courses, programs, certificates and diplomas are **recognized and endorsed by the International Board of Christian Care** (IBCC) and its three affiliate Boards: the Board of Christian Professional & Pastoral Counselors (BCPPC); the Board of Christian Life Coaching (BCLC); and the Board of Christian Crisis & Trauma Response (BCCTR).
- Credentialing is a separate process from certificate or diploma completion. However, the IBCC accepts Light University and Light University Online programs as **meeting the academic requirements for credentialing** purposes. Graduates are eligible to apply for credentialing in most cases.
 - Credentialing involves an application, attestation, and personal references.
 - Credential renewals include Continuing Education requirements, re-attestation, and occur either annually or biennially depending on the specific Board.

Continuing Education

Light University is affiliated with the American Association of Christian Counselors (AACC). The AACC is ***a duly recognized and approved Continuing Education Provider*** with both the American Psychological Association (APA) and the National Board of Certified Counselors (NBCC) and maintains responsibility for these programs. As such, presentations meet the state regulatory requirements for most psychologists and licensed counselors.



Presenters for Crisis Pregnancy Coaching 101

Presenter Biographies

Joan Boydell, M.A., is a Licensed Professional Counselor and holds degrees from Wheaton College (B.A. Literature) and Immaculata University (M. A. Counseling Psychology). She served as a pregnancy center Executive Director from 1989 through 2008, and has been a Care Net Consultant since 1994. Joan and her husband, Bruce, are owners and principal partners of Lifespan Coaching and Consulting, LLC, as well as Co-Directors of Ministry and Operations at The Haft, Inc. (www.thehaft.org).

Freda McKissic Bush, M.D., is an OB-GYN and Clinical Instructor in the Departments of OB-GYN and Family Medicine at the University of Mississippi Medical Center. She is also CEO of the Medical Institute for Sexual Health and has co-authored two books with Joe S. McIlhaney, MD, *Hooked* and *Girls Uncovered*. Dr. Bush served on the Presidential Advisory Council for HIV/AIDS.

Tim Clinton, Ed.D., is President of the nearly 50,000-member American Association of Christian Counselors (AACC), the largest and most diverse Christian counseling association in the world. He is Professor of Counseling and Pastoral Care, and Executive Director of the Center for Counseling and Family Studies at Liberty University. Licensed in Virginia as both a Professional Counselor (LPC) and Marriage and Family Therapist (LMFT), Tim now spends a majority of his time working with Christian leaders and professional athletes. He is recognized as a world leader in faith and mental health issues and has authored 17 books including his latest, *God Attachment: Why You Believe, Act, and Feel the Way You Do About God*. Most importantly, Tim has been married 30 years to his wife Julie and together they have two children, Megan and Zach.

Linda J. Cochrane, R.N., is an author, speaker, teacher, trainer, and national post abortion consultant with Care Net Pregnancy Centers. Her Bible Studies include, *Forgiven and Set Free*, *Healing a Father's Heart*, *The Path to Sexual Healing*, and *A Time to Heal*. She currently serves as the Executive Director of *Hopeline Pregnancy Resource Center* in Danbury, CT. In 2007, Linda received the Harold OJ Brown "Sanctity of Human Life" Award at the National Care Net Directors Conference. She lives in New York with her husband of twenty seven years and her three daughters.

Melinda Delahoyde, M.A., is a lifelong leader in the pregnancy center movement. She was appointed President of Care Net in 2008 and has worked with the organization from its inception, serving in various roles, both on staff and on the Board of Directors. Melinda graduated from the University of California, Irvine with a Bachelor of Arts degree in Philosophy and received a Masters of Arts in Philosophy of Religion from Trinity Divinity School.

Ron Hawkins, Ed.D., D.Min., is a licensed professional counselor and currently serves on the Executive Board for the American Association of Christian Counselors. He is the Vice President for Academic Affairs and Vice Provost at Liberty University and also a Professor of Counseling and Practical Theology in the Center for Counseling and Family Studies. He is a pastor, author and frequent presenter at AACCC's regional and national conferences; Marriage and Family Conferences; Christian Camps and Men's Retreats. Dr. Hawkins authored *Strengthening Marital Intimacy* and *The Quick Reference Guide to Biblical Counseling* with Dr. Tim Clinton.

Cynthia Hopkins, B.S., is the Vice President of Center Services for Care Net. Cynthia joined the Care Net team in 2006. She provides leadership to Care Net's team of Center Services Specialists, Trainers, and Consultants. Cynthia is dedicated to program development and uses innovation and creativity to deliver meaningful resources, training, and education to Care Net's network of pregnancy centers.

Mark Laaser, Ph.D., is the Director of Faithful and True. Dr. Laaser is nationally regarded as the leading authority in the Christian counseling community in the field of sexual addiction. Mark has published 10 books on the subject, including his groundbreaking book, *Healing The Wounds of Sexual Addiction*, and his 3-book *Men of Valor* series. Dr. Laaser lectures around the world and teaches at religious organizations, colleges, universities and treatment centers. He holds a Ph.D. degree from the University of Iowa and a divinity degree from Princeton Theological Seminary. Together with his wife, Debbie, Mark has worked in the field of sexual addiction for over 25 years and co-authored their highly-acclaimed book, *The Seven Desires of Every Heart*.

Linda Mintle, Ph.D., is a licensed marriage and family therapist, an Assistant Professor of Clinical Pediatrics, Department of Pediatrics, at Eastern Virginia Medical School, a national news consultant, national speaker and expert on relationships and the psychology of food, and a BeliefNet blogger. She is also a bestselling author with 19 book titles currently published. Her website is www.dr.lindahelps.com.

Aundré Montgomery, B.A., is a Center Services Trainer for Care Net. Prior to joining the Care Net team, Aundré served as Director of the Pregnancy Test Center in Vestavia Hills, AL. In addition to providing onsite trainings for Care Net affiliates, Aundré also works with the Underserved Outreach department at Care Net regarding development of pregnancy centers in high abortion areas.

R. Larry Moyer, D.Min., serves as founder and CEO of EvanTell, an evangelistic association headquartered in Dallas, TX. He has earned degrees from Philadelphia Biblical University (B.S.), Dallas Theological Seminary (Th.M.) and Gordon-Conwell Seminary (D.Min.). In 2001, Philadelphia University awarded him the honorary Doctor of Sacred Theology degree. He has authored several books on evangelism and is known for the ability to express his thoughts in a clear and relevant manner. Larry and his family reside in a suburb of Dallas.

Eric Scalise, Ph.D., is the Vice President for Professional Development with the American Association of Christian Counselors. He is a Licensed Professional Counselor and a Licensed Marriage & Family Therapist with over 32 years of clinical and professional experience in the mental health field. As the former Chair of Counseling Programs at Regent University, Dr. Scalise provides academic oversight as the Vice President for Academic Affairs with Light University Online. He served six years on the Virginia Board of Counseling. Other responsibilities include his role as the Executive Director of the International Board of Christian Care (IBCC), Senior Editor for AACC Publications, Executive Director of eCounseling.com, and Board Member for the International Christian Coaching Association (ICCA). He is an author, a national and international conference speaker, and frequently consults with organizations, clinicians, ministry leaders, and churches on a variety of issues.

Nancy Williams, M.A., has been involved in the pregnancy center movement for over 20 years, first as Founding Director of her local center and then adding the role of Care Net National Consultant and Trainer, which is now her primary focus. In addition, Nancy is a perinatal educator and consultant, as well as a licensed Marriage and Family Therapist with a private practice. She is also an adjunct faculty member in the Psychology Dept. at Chapman University, CA.

Terry Williams, B.S., is a Care Net Center Services Specialist, consultant and National Trainer. She trains staff, volunteers and Board members in Pregnancy Resource Center work. Terry has been serving the pro-life ministry since 1991, having been an Executive Director for 8 years and an Abstinence Director, Educator and Presenter for 10. Terry also finds herself busy ministering to and mentoring teenagers and young women in a variety of ways including Bible study, retreats, one-on-one discipleship and curriculum writing. Additionally, Terry is frequently called upon to testify in the Texas Legislature regarding pro-life issues.

Julie Woodley, M.A., is a Licensed Trauma Counselor Director and Founder of *Restoring the Heart*. She also represents Lighthouse Network as the Ministry Outreach Representative of Timberline Knolls, a residential addiction and trauma treatment facility. Julie, in collaboration with the AACC, produced the DVD Series *Into My Arms* (on the trauma/healing after an abortion) and *In the Wildflowers* (on the trauma/healing after childhood sexual abuse). She is a speaker, an author, was ordained in 2000 and serves as Chair of the AACC's new division on Sexual and Physical Abuse and Post Abortion Trauma.