

Name: _____ Date: _____

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MLCPC 108: Healthy Sexuality: God's Design for Love, Sex, and Relationships

Mark Laaser, Ph.D.

1. The word 'sex' appears 24 times in Scripture.

- a. True
- b. False

Answer _____

2. An act of sexual intercourse is a _____ of a husband and wife.

- a. Selfish act
- b. Purely physical act
- c. Spiritual knowing
- d. None of the above

Answer _____

3. Which of the following is a spiritual question that should be asked of clients?

- a. Are you willing to be different?
- b. Are you willing to abstain?
- c. How many sexual partners have you had?
- d. Were you sexually abused?

Answer _____

4. Which of the following neurochemicals are active in the brain during a sexual act?

- a. Oxytocin
- b. Dopamine
- c. Adrenaline
- d. All of the above

Answer _____

5. Biological sexuality is never truly satisfying.

- a. True
- b. False

Answer _____

6. According to Dr. Laaser, _____ of all women who attend church have been sexually abused.

- a. 1/2
- b. 1/3
- c. 1/4
- d. None of the above

Answer _____

7. In order to have healthy sexuality we need to have _____.

- a. Multiple partners
- b. More understanding
- c. Accountability
- d. Started over

Answer _____

8. Accountability is all about learning new _____ and _____.

- a. Intimacy; honesty
- b. Coping mechanisms; relationship skills
- c. Both A and B
- d. Neither A nor B

Answer _____

9. Coaches must teach young people that the infatuation period is not where the relationship will continue to stay as the marriage matures.

- a. True
- b. False

Answer _____

10. _____ of Christian men and women who are getting married today have had sex with someone other than the one they are going to marry

- a. 35%
- b. 80+%
- c. 69%
- d. 47%

Answer _____