

MLCPC 209: Dealing with the Aftermath: Grief, Loss, and Complicated Grief

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1. According to the American Pregnancy Association, approximately_____women will experience pregnancy loss each year.
 - a. 1,200,000
 - b. 1 million
 - c. 100,000
 - d. 2 million

2. According to the American Pregnancy Association,_____pregnancies are lost each year due to termination (abortion).
 - a. 600,000
 - b. 1,200,000
 - c. 64,000
 - d. 6,000

3. Grief is an abnormal response to loss.
 - a. True
 - b. False

4. Rituals help people grieve in which of the following ways?
 - a. Helps them accept the loss
 - b. Allows them to express emotion
 - c. Gives them the opportunity to receive care and support while they mourn
 - d. All of the above

5. Disenfranchised grief is grief that persons experience when they incur a loss that is not or cannot be openly acknowledged, socially sanctioned, or_____.
 - a. Publically mourned
 - b. Overlooked
 - c. Minimized
 - d. Processed

6. Which of the following is a possible consequence of unrecognized loss?
- a. Physical Illness
 - b. Addiction
 - c. Both A and B
 - d. Neither A nor B
7. Which of the following was mentioned as a type of loss experienced with unexpected pregnancies?
- a. Loss of dreams
 - b. Loss of goals
 - c. Loss of anger
 - d. Loss of faith
8. Coaches should allow a woman the safety to tell her story and grieve her loss.
- a. True
 - b. False
9. Secondary wounds are which of the following?
- a. Physical wounds that result from pregnancy
 - b. Wounds experienced by the baby during birth
 - c. When others are disrespectful or say hurtful things in response to a difficult situation
 - d. None of the above
10. Coaches should refer clients if the notice which of the following?
- a. Clinical depression
 - b. Addiction
 - c. Eating disorder
 - d. All of the above